

WAYS I CAN LOVE JESUS – FOR CHILDREN Lent is a very special season in the Church. A SEASON that is roughly 40 days, starting Ash Wednesday and ending at the Holy Thursday Mass then the Church enters into the Triduum – 3 Holy Days. During these 40 days the Church asks us to think about Jesus - how he loves us - and how we can say “I Love You” back.

What can I do for the love of Jesus?

Everyday – make a choice by doing one or more of the ideas below. Once you have completed the day, color that day on your pathway. Marking each day as we walk to Easter to Celebrate with Jesus!

FAST

(TO REMOVE THINGS)

1 CORINTHIANS 10: 31

"SO WHETHER YOU EAT OR DRINK OR WHATEVER YOU DO, DO IT ALL FOR THE GLORY OF GOD."

OPTIONS ON THINGS TO REMOVE:

ELECTRONICS (TV, PHONES OR TABLETS)

SWEET FOODS

SNACKING

COMPLAINING

DELAYING THINGS YOU’RE ASKED TO DO

BEING FIRST IN LINE (LET OTHERS IN FRONT OF YOU)

CHOOSE TO REMOVE ONE OR SOME OF THESE

THINGS COMPLETELY OR LIMIT THEM

PRAYER TIME

(TALK TO GOD)

MATTHEW 6: 6

"WHEN YOU PRAY, GO TO YOUR INNER ROOM, CLOSE THE DOOR AND PRAY..."

PRAY KNOWN PRAYERS FOR PEOPLE:

PRAY FOR YOUR MOM – PRAY HAIL MARY

PRAY FOR YOUR DAD – PRAY GLORY BE

PRAY FOR OUR PRIEST – PRAY OUR FATHER

PRAY FOR PEOPLE IN OUR COMMUNITY:

PRAY FOR THOSE WHO ARE SICK

PRAY FOR THOSE WHO HAVE DIED

PRAY FOR MOMS EXPECTING BABIES

OLDER STUDENTS - LOOK UP AND PRAY

ANGELUS AT NOON OR 6 PM

DIVINE MERCY CHAPLET

ROSARY

GIVE

(SHARE WHAT YOU HAVE WITH OTHERS)

MATTHEW 5:42

"GIVE TO THE ONE WHO ASKS OF YOU, AND DO NOT TURN YOUR BACK ON ONE WHO WANTS TO BORROW"

CHOOSE TOYS TO DONATE

CHOOSE CLOTHING TO DONATE

CHOOSE A BOOK TO DONATE

COLLECT COINS AND TO GIVE TO A CHARITY

CONSIDER WHAT YOU CAN GIVE TO THE CHURCH EACH WEEK

COLLECT CAN FOOD AND DONATE

WRITE A KIND NOTE TO SOMEONE EACH WEEK

LET SOMEONE BORROW SOMETHING OF YOURS

DO EXTRA CHORES AT HOME

WATCH CHILDREN’S VIDEOS ON FORMED.ORG



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ENTER YOUR NAME AND EMAIL TO ACCESS THE VIDEOS

MY LENTEN GUIDE CHILDREN'S EDITION

